

# PARASITES AND RISING TEMPERATURES

**PROTECT OUR FUTURE TOO**

**FOR VETS**



# DUE TO RISING TEMPERATURES...

disease vectors are increasing their activity period throughout the year and their geographical range. This means that vector-borne diseases are appearing in previously free areas, or in endemic areas at times when pets are unprotected.

In fact, parasites such as ticks, sandflies and mosquitoes seem to be gaining ground in Europe, bringing with them many dangerous diseases that affect both pets and people.

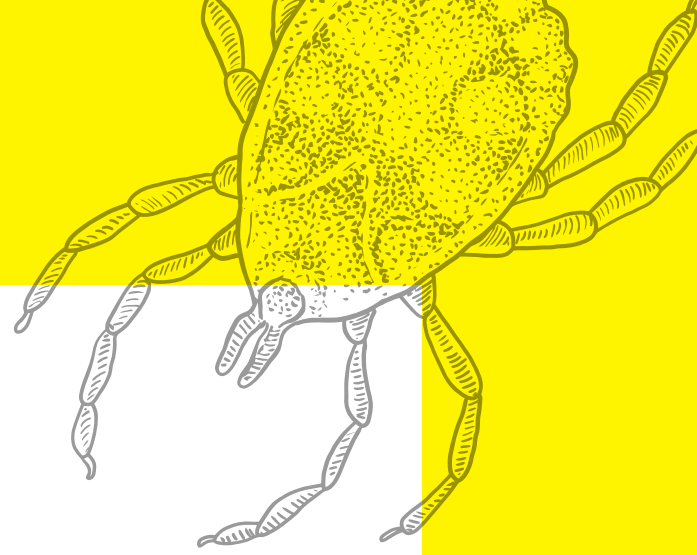


**YEAR-ROUND TICK ACTIVITY MEANS THAT VECTOR-BORNE DISEASES BECOME A YEAR-ROUND PROBLEM. RISING TEMPERATURES AND PET MOVEMENT WORK IN COMBINATION TO INCREASE THE INCIDENCE OF CASES. PET MOVEMENT HELPS DISEASES SPREAD, WHILE RISING TEMPERATURES HELP THEM BECOME ESTABLISHED**



**Prof. Lukasz Adaszek**

A member of the Faculty of Veterinary Medicine in Lublin.



# KEY TAKEAWAYS

- Ectoparasites are **increasing their periods of activity throughout the year** and spreading to new areas.
- **Common pet parasites are vectors for important diseases** such as babesiosis, dirofilariosis, leishmaniosis, Rickettsial diseases, and Lyme disease.
- Pets are being left unprotected at times where parasites are still active; therefore, **we need to shift to a continuous protection paradigm.**
- Veterinarians play a crucial role in educating pet owners that parasites are not just a nuisance, but **a risk to animal and public health.**
- Reality is changing day by day, and we need to increase our surveillance to **keep our knowledge updated regarding parasite distribution.**



# PARASITES ARE MORE THAN JUST A NUISANCE!

Rising temperatures are affecting parasite-host relationships in a profound way. Warmer weather enables parasites to remain active for longer, and spread to areas where they were previously absent. Disease transmissibility is also on the rise. Most worrisome of all, disease is spreading to non-endemic areas.

## SOME OF THE DISEASES TRANSMITTED BY COMMON PET PARASITES



### TICKS

- Babesiosis
- Lyme disease
- Rickettsial diseases



### MOSQUITOES

- Heartworm (*D. immitis*)
- Subcutaneous dirofilariasis (*D. repens*)



### SANDFLIES

- Leishmaniosis



### FLEAS

- Bartonellosis
- Flea tapeworm (*Dipylidium* spp.)

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**MANY VETS ARE ONLY MAINTAINING A LEVEL OF VIGILANCE FOR THE SAME THREE OR FOUR PARASITES BUT MAY BE UNAWARE OF THE BROADER RISKS. WE NEED TO EDUCATE OUR VETS TO BE PROACTIVE, FLEXIBLE, AND OPEN-MINDED IN TERMS OF THE PARASITIC DISEASES THEY MAY ENCOUNTER.**



### Prof. Agustín Estrada Peña

Professor at the University of Zaragoza, specializing in tick-borne pathogens and the consequences of climate change or global warming.

## 1. TICKS

**Ticks have a high vector capacity. Most have a three-host life cycle that lasts several years.**

**A large rate of ticks are infected with at least one pathogen.**

Ticks usually feed for several days on one host and engorge until they complete their blood meal. Unlike mosquitoes or sandflies, ticks have to **feed for many hours**, even days, **to transmit disease**.

Most tick populations are sustained by wildlife hosts, so it is very difficult, if not impossible, to control their numbers. As a general rule, and although there are exceptions, **ticks prefer wooded and swampy environments**. However, Pet Owners are increasingly finding them in urban and suburban areas. At least one species, *R. sanguineus*, **can complete its cycle indoors, and is responsible for the domestic cycle of some Rickettsial diseases**. Ticks are vectors of important zoonoses such as Lyme disease.

Is your area ticking?

Tick activity and distribution are changing day by day.

**Help us keep our knowledge updated by reporting ticks in your area with Tickit App.**



### Distribution:

It is changing: some of them, such as *Rhipicephalus sanguineus*, the brown dog tick, occur mainly in Southern Europe. Others, such as *Dermacentor* spp. are found in most of Europe but not Scandinavia. *Ixodes ricinus* is found all throughout the continent.

## 2. FLEAS

Fleas are a year-round problem because they can complete their cycle indoors.

Fleas are the most common ectoparasite that vets face. **Because pets are the main host**, it is possible to control flea numbers through parasite protection. However, gaps in administration can **allow fleas to reproduce and to pollute the home**.

Fleas can transmit bartonellosis to cats. **Cases of this bacterial disease are increasing in Europe**.

Fleas live indoors and can quickly colonize the household. Since they are a year-round problem, vets should educate Pet Owners on the need for **year-round flea protection**.



### Distribution:

Fleas have a worldwide distribution. In Europe, they are found almost everywhere there are pets.



**IN POLAND, WE HAVE OBSERVED AN INCREASE IN THE NUMBER OF BARTONELLOSIS CASES IN CATS. FLEAS ARE, OF COURSE, VECTORS OF BARTONELLA. IT'S NOT CLEAR WHAT ROLE SEASONAL CHANGE IS PLAYING IN THIS INCREASE, BUT CASES ARE CERTAINLY MORE NUMEROUS.**



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### Distribution:

Mostly confined to Southern Europe, small sandfly populations have also been discovered in Germany. In Italy and Spain, sandflies have been making northward gains, and today they are found at a much higher altitude.

## 3. SANDFLIES

European sandfly populations have undergone marked changes in the last two decades.

Because of their biology, sandflies are not prone to expanding their range. Nevertheless, they have advanced in strides in the last decades, **spreading to the northern regions of Italy and Spain**. As a consequence, **leishmaniosis has appeared in these areas**.

Sandflies are also **staying active for longer in the year, causing an increase in leishmaniosis cases** where the disease is endemic. Because dogs are the main reservoir, protecting dogs against sandfly bites is an **indirect way to protect public health**.

# 4. MOSQUITOES

**Dirofilarial larvae require a certain temperature to develop into the infective L3 stage in mosquitoes.**

Heartworm disease and other filarial infections are endemic mostly in the Mediterranean Basin. This is mainly due to the fact that **mosquitoes need to feed on an infected host first in order to transmit the disease**. In colder climates, where mosquitoes are active for just a few months, the chances of transmission are much lower, and the larvae cannot develop to an infective stage. **However, as temperatures rise and the warm seasons become longer, mosquitoes will acquire a higher vector capacity for dirofilariosis.**

In Poland, *Dirofilaria repens* was rarely seen several years ago, but it is **now considered endemic**, in part as a result of infected animal movement. *D. repens* has become endemic in Austria, and some believe the same will happen with *D. immitis* in the near future.

Even if most dirofilariosis cases are imported into Central and Northern Europe, **there is a viable vector already present in many of these areas. Rising temperatures could cause these diseases to spread.**



#### **Distribution:**

There are mosquito populations all throughout Europe. There are also five invasive *Aedes* mosquito species in Europe, some of which could be viable vectors for filarial infections.

Another interesting point to raise is how the *Aedes albopictus*, tiger mosquito, has come from Asia to Europe.



**IN FRANCE I SEE LOTS OF DOGS AND CATS WITH FLEAS EVERY DAY. I DON'T THINK FLEAS ARE AS AFFECTED BY SEASONAL CHANGE, SINCE THEY TEND TO MAINLY LIVE INDOORS. ALSO, FLEA-BORNE DISEASES IN DOGS AND CATS TEND NOT TO BE AS SEVERE. HOWEVER, IT IS IMPORTANT TO BEAR IN MIND THE ZOOLOGICAL POTENTIAL OF SOME FLEA-BORNE DISEASES.**



**Prof. Jacques Guillot**

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